## **TOOL DESCRIPTION**

## **Checklist for Better Meetings**





## This Checklist for Better Meetings is a collection of tips that you can use to boost your meeting performance.

Each meeting should have a dedicated facilitator who is known to the group. This person ensures that a meeting is held if necessary, facilitated so that everybody feels included, and the most is made out of the time spent.

The checklist is structured in:

- BEFORE a meeting
- DURING a meeting
- AFTER a meeting

We have tried to focus on special elements that make a difference, but have not covered all elements. The elements in the category "during" are strongly connected to the tool "workshop canoe", which is our blueprint for effective meetings (see Tool "Workshop Canoe").

integratedconsulting.eu SOURCE: ICG

## Checklist for Better Meetings | **Template**

BEFORE a meeting		
	Fix the goal of the meeting	
	Decide who needs to be there	
	Reconsider if really everybody on the list needs to be there	
	Decide if you want the participants to prepare themselves ahead of time	
	Send out an invitation paying attention to detail (the more engagement you show, the more engagement you will get from the participants)	
	Send out a reminder for prep tasks if planned	
	Prepare the room with a suitable setting (avoid rooms with large tables)	
	Prepare drinks and snacks for longer meetings	
	Prepare everything you need for the workshop (presentation on screen, flipchart with agenda, pinnboards to work on, postit notes and pens)	
	Try to avoid hybrid meetings. Our ground rule is that, if more than 1 person attends virtually, everybody attends virtually in separate rooms. Inform everybody ahead of time of this rule	

DU	DURING a meeting		
	Act as a host (welcome everyone personally)		
	Start on time (reward punctuality)		
	Mention at the beginning who is here, what the goal is and how participants will achieve this goal		
	Ask for expectations if suitable		
	Give participants time to check in (connect with each other and with the topic)		
	Welcome people who are late and give a 1-2 sentence synopsis of what has happended already		
	Keep to the schedule/Use a timer or simple watch to monitor the time		
	If discussions take longer as planned, actively involve the group in dealing with this and in adjusting the agenda		
	Use methods to include everyone in the discussion (e.g.,see Tool "OPERA")		
	Make sure everything is written down, either by participants themselves on post-it notes or by a notetaker		
	If something needs to be decided, make sure everybody knows how the decision is made. Use suitable methods for decision-making in groups		
	Try to collect the next steps during the meeting and summarize these at the end		
	Make sure you reserve at least 5 minutes for a closing and feedback session where participants can share their emotions. If you skip this, participants will take their emotions with them and out of the room		

AFTER a meeting		
	Carefully decide what kind of documentation makes sense, and use a form of documentation that allows further work on the content if needed	
	Send out the documentation along with thanks	
	If a follow-up meeting is needed, send invitations for this right after the last meeting	
	Reflect on the meeting design and methods you chose and used. What would you do differently next time?	